

Introducing the New Surgical Suite



BY RAQUEL PETERSEN

Rangely District Hospital is thrilled to announce the launch of our new, state-of-the-art Surgical Suite, set to open its doors in May 2024. This development marks a significant milestone in our commitment to providing comprehensive healthcare services to our community. Formerly known as Procedure, Endo, and Recovery, our newly re-branded Surgical Services Department comprises several critical units: our Operating Room, Endoscopy Room, Pre-Op/PACU (Post-Anesthesia Care Unit), and the Sterile Processing Department (SPD). Each of these units plays a vital role in ensuring the highest standards of surgical care and infection prevention.

The Surgical Suite at Rangely District Hospital will offer a wide range of essential services, including, but not limited to, esophageal dilation, surgical consultations, and minor surgical procedures such as vasectomies, breast biopsies, skin biopsies, lipoma removal, among others. In addition, we will continue to provide colonoscopy screenings with polyp removal, upper endoscope screenings, cardiac consultations, ECG/EKGs, cardiac ultrasound, and wound care for a variety of non-healing wounds (following wound consultations).

Our dedicated team of medical professionals has undergone rigorous training and orientation to prepare for the opening of the Surgical Services Department. From OR Nurses to Surgical Scrub Techs, each member brings a wealth of experience and expertise to their respective roles. We are proud to invest in our staff's continued education and development to deliver exceptional care to our patients. Allow us to briefly introduce you to the dedicated individuals who will be at the forefront of our Surgical Services Department:

Kelly Christian, BSN, RN - Kelly brings over two decades of experience to her role as Surgical Services Manager and Director of Infection Prevention. Her journey at RDH spans an impressive array of roles, including 18 years in Infection Prevention and 16 years as a working manager of the Procedure Suite/Endoscopy unit. Kelly's expertise, leadership and commitment are instrumental in ensuring the success of our surgical services.

Alexis Reed, RN - Currently enrolled in the Nurse in Surgery Essentials (NISE) course, Alexis is undergoing intensive training as a surgical RN (Circulator). Her dedication to advancing her skills reflects our team's commitment to continuous improvement and excellence in patient care.

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Rangely District Hospital CEO Corner

BY KYLE WREN

This time of year, I get pretty anxious as the weather clears up and the sun starts to shine. Growing up several miles outside of Blackfoot, Idaho, in a small community called Riverton we were always outside playing sports or working on my uncle's ranch. Sitting in an office when the weather is nice, with the endless possibilities of outdoor activities at your fingertips, it's hard to stay put. To break up the day, you might see me on an ambulance or fire run. Ok, enough about me, and let's talk about what's happening at the hospital.

We had a great turnout for our surgery and cardio-pulmonary open house. Our MRI project is underway, we had a series of state hospital inspections, and our ambulance services had a very busy month. Finally, the Rangely District Hospital Foundation has a new board of directors.



I would like to extend an appreciation to our employees who prepared for the surgery and cardio-pulmonary open house and to community members who came to look at the new service lines. The first surgeries are scheduled for May 1st, 2024. We had to backdate it a month in order to logistically get everything into place. We are super excited to get started with our first cases. We will be starting out with procedures once a month and then increasing as the service line progresses. We have highly qualified staff that have been working countless hours to make it all happen. I can't say enough about our dedicated employees and their efforts.

Cardiopulmonary rehabilitation was brought on at the same time. We currently have 3–4 patients in the program. Again, we are excited to have this program available for our patients. Prior to opening, our patients had to travel sometimes three times a week to neighboring facilities for services. This will save our patients a lot of headaches by having it localized. It takes a toll on time, travel, and other expenses to travel somewhere else for rehab.

The hospital board approved the purchase of sleep study equipment. We did have a technologist providing sleep studies, but he no longer comes to Rangely. We are in the process of building the sleep study program from the beginning. We hired a sleep tech, Tracy Voeckel, a few weeks ago. She will be working on policies and procedures while waiting for the new equipment to arrive. It will be a few months before everything is operational, but we are excited to continue to provide this for our community members.

The MRI project is underway. This will be a 1250-foot addition to the hospital on the southeast portion of the building by the loading docks. We finished the initial architectural diagrams for state submission and posted the project in the Herald Times. Next, we will reach out to several different construction companies for bids on the project. Meanwhile, we rented a mobile MRI unit for six months so that we could keep the service line available for our patients. So, if you need an MRI, schedule it with our radiology department, and they can help. We are looking to break ground on the new suite early in fall 2024.

The hospital had several state inspections in the month of March. The clinic, hospital, CNA program, and lab inspections were all performed last month. In 2020, we changed our clinic designation to a rural health clinic, which needs an inspection every 2 years. The clinic passed with very minor issues to address. We responded to the condition, and our certification was granted. Gratitude goes out to Brittney Plummer, our clinic director, and her staff in preparation for the inspectors. The hospital inspection was what the Colorado Department of Health and Environment (CDPHE) calls a compliance-driven inspection. CDPHE filed a complaint, which could have been from anyone in the community or any employee. After reviewing the complaint, they go out and inspect the hospital. We passed the inspection with zero deficiencies. This does not mean we don't need to clean up some processes or improve in certain areas; it just means they didn't find anything within the regulations to cite us for a deficiency. Again, kudos to our administration team and staff who were interviewed during the four days our inspector was on site. The CNA program was also inspected, passing with a clean slate. The program has been running for a few years now and helps prepare our future employees for their CNA certifications. Lastly, the lab passed their inspection with a few items to correct. They were what I would call minor documentation-related dings. Congratulations to all of our departments that

The Elks Easter Egg Hunt - 25 Great Years

BY JEANNIE CALDWELL

Saturday, March 30th, marked the 25th year the Rangely 1907 Elks Club hosted an Easter Egg Hunt for the children of Rangely. A huge amount of time is spent each year preparing for this event. You fill the eggs with surprises, hide the eggs, mark off the age areas, obtain gifts and treats, and then of course there is the clean up afterwards.

This year, like all other years, Elks Park was full of excited kids and adults! The Easter Bunny made a special appearance to say hello and to cheer on the egg hunters. And, at the end of the hunt everyone received a prize.



Thank you to members of the Rangely 1907 Elks Club! You are appreciated! Thank you for carrying on this wonderful tradition that makes Rangely a special place to be.

What is our Story?

BY ALDEN VANDEN BRINK

The RBWCD was organized for the purposes of conserving and developing land and water resources for the greatest beneficial use for water within the district's boundaries. A specific mission with immense positive impacts on our community's abilities to function today while progressing for tomorrow. Each year we like to reflect upon the past year's achievements advancing a pathway to continued community engagement and success while sharing our history with others. The district has many natural



see *Water* on pg 30

Parkview's Night at Hogwarts

Special to the Review

Ten years ago, a very special event started at Parkview Elementary, called "Parkview's Night at Hogwarts," which is based on the Harry Potter books/movie series. The event is the brainchild of Vicki Douglas and her family. Vicki got the idea after she attended a similar event at her grandson's school.



When the event started there were only 3 booths in the gym, one being for butterbeer. They purchased about 3 liters of cream soda for the recipe for the first event. This year they purchased about 75 liters. There were also three banks open this year, officially called, "Gringotts Wizarding Bank," to keep up with the galleon demand.

The school is transformed for this special night in ways you would not imagine. Hours and hours of volunteer time are donated to create this amazing adventure. Every nook and cranny is made to look like Hogwarts. I felt like I was there as I entered the building, well, as I entered on the Hogwarts Express, at Kings Cross Station, Platform 9-3/4 of course.

The event has grown year after year and funds from the event continue to increase. Funds are donated from the event to teachers who volunteer at Hogwarts, for their classroom.

If you have not attended, you should! This is a signature event for the school system, the children, and more and more the community.

When asked, Vicki said the event could not happen without the great volunteers who love Hogwarts as much as she does. She is grateful for each one of them as well as her family who consistently travel to Rangely to be part of the fun!



Two Girls, One Small Town Podcast

BY JEANNIE CALDWELL AND KATIE DILLON

Two Girls, One Small Town, took a small break during the holidays and shortly thereafter. Season 3 began on February 7th and featured Amorette Hawkins. The latest episode was released on March 6th and featured the Rangely High School Lady Panthers Basketball Team. Both brought a lot of fun to the Podcast as well as laughter. Make sure you check it out!

During the first week of April we will

release a new Podcast featuring Kyle Wren and Kelly Christian. Listen in to learn more about the new surgical center at the hospital.

We will now be getting back to our every other week of podcasting! We are very excited! If you have suggestions on someone you think would like to be on the podcast, feel free to call Jeannie Caldwell at (970) 675-8476!

Remember we are on Spotify, Apple Podcast, Google Podcast as well as Amazon!



7 Otherworldly 'Dune-themed' Locations to Visit Around Colorado

BY SPENCER MCKEE

With a 95 percent 'audience score' on Rotten Tomatoes and a nine-star rating on IMDB, it's looking like 'Dune: Part Two' is living up to the hype, likely to be one of the highest-rated blockbusters of the year. Set on an otherworldly planet that's covered in a desert landscape sprinkled with a valuable substance known as 'spice,' the plot line follows the protagonist's attempt to avenge the destruction of his family as he works to prevent a terrible future he's foreseen. It's action-packed and visually stunning and a movie most are sure to love. In the midst of the Dune craze, those in Colorado may want to seek out a few 'Dune'-themed destinations found around the Centennial State.



1. The Great Sand Dunes - Obviously Great Sand Dunes is on this list. It's one of the most notable 'sand dune' destinations in the world. Granted, this sand dune destination is surrounded by mountain peaks, which doesn't really give it the same 'lost in the dunes' vibe that's ever-so-present in the Dune movies. Either way, there are plenty of lower spots at this sand dune destination where visitors can really get that 'surrounded by sand' feel. Visit between late-May and mid-June to check out Medano Creek for a particularly unique experience.

2. The 'Other Sand Dunes' - While the 'Great Sand Dunes' tend to get all of the 'sand dune' love in Colorado, there's another sandy spot to visit that's located near Walden – North Sand Hills Recreation Management Area. This spot spans about 300 acres and is different than the Great Sand Dunes in that it allows for off-road vehicle travel. That's right – I'm talking dune buggies. As was noted in a Denver7 report, this spot "brings out the 'Mad Max' in drivers."

3. The TANK - One aspect of the Dune movies that gets a lot of talk are the sounds featured in the film. Often looming and ominous, these sounds add to the intensity of the movies and



see Dunes on pg 22



Job Killers

Take Action to Defeat These Bad-for-Business Bills:



OIL & GAS BAN



MANDATING
HOW YOU GET
TO WORK



MORE RED TAPE
FOR BUSINESS

THE COLORADO CHAMBER OF COMMERCE

Colorado Chamber Members,

The 2024 legislative session has seen an alarming influx in job-killing proposals and draft legislation that would deliver a significant blow to Colorado's economy. Specifically, three new environmental bills collectively would threaten hundreds of thousands of jobs across the state.

Most of these bills haven't been formally filed yet, but the Colorado Chamber has seen early versions of the proposals:

- One major bill would impose a complete ban on all new oil and gas development across the state, upending the entire industry in Colorado.
- Another bill would revive a previously-failed effort to mandate how Coloradans commute to work, requiring reduced use of personal vehicles. The bill would also ban the sale of gas-powered vehicles by 2035.
- The last bill would add layers of new complex regulations to obtain environmental and construction permits, intentionally creating costly barriers to industry.

We've developed a petition to begin developing grassroots opposition to these job-killing bills. Please take a moment to sign the petition below and feel free to share it among your networks to get the message out.

[SIGN THE PETITION](#)



Rangely Police Department Receiving Award

BY TIRYNN HAMBLIN

The Rangely Police Department command staff will be receiving an award on April 9th 2024 at the Rangely Town Council meeting for completing a demanding and innovative leadership training program from FBI Law Enforcement Executive Development Association (FBI-LEEDA). The Agency Trilogy award is being awarded to the Rangely Police Department by FBI-LEEDA for its commitment to training their leadership team by having each command Officer complete their individual leadership trilogy with FBI-LEEDA.

The FBI-LEEDA trilogy program is a highly interactive three-part leadership series, Supervisor Leadership Institute (SLI), Command Leadership Institute (CLI) and Executive Leadership Institute (ELI). These leadership programs span almost five days that educate police leadership teams on topics such as diversity, inclusion, bias, public trust, transformational leadership, social and emotional intelligence and more.

Experience, continued education and adapting to the times is an important part of law enforcement. The laws change every year and law enforcement has to make the changes with them. We are committed to providing efficient and professional public safety services to our community and visitors. We will accomplish this by training our Officers to be the best they can be, because our community deserves it. The Police Department is currently working on having all Patrol Officers also complete their leadership trilogy.

About FBI-LEEDA

FBI-LEEDA is a 501(c)(3) corporation. The majority of members of FBI-LEEDA are chief executive officers and command staff of law enforcement agencies, directors and commissioners of public safety, corrections and detention staff, and elected sheriffs throughout the United States and foreign countries. One of the requirements for active membership in FBI-LEEDA is to have participated in a Command Leadership Institute, the LEEDS training program at the FBI Academy, or one of the regional FBI Command Colleges located throughout the United States. Members of the association consist mostly of decision-makers from local, state and federal law enforcement agencies. In addition to FBI-LEEDA's mission to be the premier provider of leadership and management training, the association strives to provide information to its members which will enhance their ability to establish and maintain an outstanding quality of life in the communities in which they serve.

FBI-LEEDA's also offers additional educational opportunities in media and public relations, internal affairs, leadership integrity, culture and diversity and an annual training conference. More information is available at fbileeda.org.



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 1/4 Page - \$90
 1/8 page - \$55

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 1/4 Page - \$55
 1/8 page - \$40

This pricing includes an ad in the Rangely Review as well as one month utility billing advertisement.



Surgical continued...

Sierra Black, CNA - Embarking on an online training course for Surgical Technicians (Scrub Techs), Sierra exemplifies dedication and support to patients RDH.

Tammy Warden, CNA - With nearly 30 years of experience, Tammy's expertise is invaluable in ensuring the smooth operation of our Sterile Processing Department. Her recent certification as a Certified Registered Central Service Technician (CRCST) underscores her dedication to maintaining the highest standards of sterilization and instrument processing.

Carla Munoz, CNA - Over the past year, Carla has undergone comprehensive training in both endoscopy and SPD, culminating in her CRCST certification. She is a great asset to our surgical services team!

Kaitlin Torgersen, RN - Drawing from a background in emergency and pediatric nursing, Kaitlin's diverse skill set enriches our Pre-Op/PACU units. Her experience and dedication to patient care make her a vital member of our surgical services team.

Danielle Allen, CNA - With 12 years of experience with the endoscopy team, Danielle's expertise consistently shows her commitment to excellence and patient care, which is evident in her daily work even beyond the surgical team.

Mary Thomson, RN - Mary's expertise was exceptional as she worked with Kelly to craft a plethora of policies and procedures which are required prior to opening the OR and the SPD, adhering to industry regulations and best practices. From infection prevention protocols to standardized surgical procedures, every aspect of our operations has been carefully reviewed to ensure the highest standards of patient safety and quality care.

In addition, our partnership with Community Hospital has been pivotal in the development and success of our Surgical Services Department. Through collaboration and knowledge-sharing, we have been able to leverage their expertise and resources to enhance our capabilities and expand our services. Community Hospital has generously supported our staff development initiatives, allowing our team members to shadow their staff and gain imperative hands-on experience. Collaboration between hospitals to start a surgery program can be a strategic approach to address gaps in surgical services, enhance expertise, and improve access to care for our community. By leveraging their respective strengths and resources, hospitals can create a synergistic partnership that benefits patients, healthcare providers, and the broader population. Community Hospital staff's guidance and mentorship have played a significant role in preparing our team for the challenges and opportunities ahead. We are grateful for their ongoing support and look forward to continuing our partnership to provide exceptional surgical care to our community.

Behind the scenes of our Surgical Services Department are also many unsung heroes whose dedication and hard work have been instrumental in making this vision a reality, each playing a crucial role in this endeavor. Each of these team members (too many to individually name), deserve recognition for their unwavering commitment to excellence and their contributions to the success of our Surgical Services Department. The Pharmacy team, meticulously configured the new Pyxis medication monitoring system for OR and Pre-Op/PACU and ensured the stocking of essential medications for emergency kits. Radiology staff provided tremendous assistance with equipment inventory spreadsheets and policies. The Laboratory team diligently uploaded critical documents to many portions of our systems. Our Medical Records (Health Information Management) and in-house Billing Department shared efforts in developing a solid preauthorization and billing processes. The Accounting Department and Purchasing (Materials Management) Department were astonishing in the implementation of a new scanning/perpetual inventory system, ordering and purchasing the equipment and services, all the while streamlining operations and enhanced efficiency. The EVS Department (Environmental Services) have been astounding, and will continue to play pivotal roles as we complete each patient case. IT & Maintenance have diligently been part of the planning and execution of the construction and, of course, we also want to thank our wonderful Dietary Staff for providing meals during our trainings and planning meetings. Lastly, we cannot over-state our appreciation to our Administration, the Business Office, Senior Leadership and our Board of Directors (past and present) for their dedication and tireless governance, ensuring the highest standards of patient care at RDH.

Our General Surgeon, Dr. Morse, from Surgical Associates of the Grand Valley, states, "There is great camaraderie amongst the medical staff. Everyone works together to help the patients get better and to work through tough times." These inaugural procedures in May of 2024 represent a

CEO continued...

went through those last month. Your awesome!

Rangely Hospital Foundation has selected a new board of directors. Sara Peterson is chair, Carlene Cantrell is vice chair, Rachel Files is secretary, Taylor Allred is treasurer, and Wesley White is our hospital board representative. Thanks go out to them for volunteering their time and bringing their expertise to the foundation. We received a \$5,000 vaccine grant and submitted several other grants related to workforce development. We selected a company called GroundLogic to help with the design of Sunrise Park. This will give us a foundation to work from, as we already have several pieces for the park purchased and ready to be placed. The park construction is a work in progress as we obtain future funding.

The first quarter of the year has already been a busy one. Grateful to have a board of directors and community that supports their local hospital. As we think about new services or growing the ones we have in place our primary focus is you and your family. Providing high quality, accessible and affordable care.

Sincerely

Kyle Wren

CEO

Rangely District Hospital

Rangely Municipal Mail Ballot Election
April 2, 2024



Unofficial Town of Rangely 2024 Election Results

I, Marybel Cox, Clerk, Town of Rangely, do hereby certify that at a mail ballot municipal election held at the Rangely Town Hall in Precinct R-1 in the municipality of Rangely and state of Colorado, on the 2nd day of April in the year 2024, the following named persons received the number of votes assigned to their respective names for the following described offices:

Total number of ballots cast were (382);

Candidates Elected to Office

Ron Granger, Mayor	(315) Three Hundred Fifteen
Don Davidson, Trustee	(155) One Hundred Fifty Five
Tim Webber, Trustee	(285) Two Hundred Eighty Five
Shawn Morgan, Trustee	(293) Two Hundred Ninety Three
Tammy Dahle, Trustee	(87) Eighty Seven
Andy Shaffer, Trustee	(262) Two Hundred Sixty Two

Certified by us:

GH

LG Judges of Election

EL

JD

Dated this 2nd day of April, 2024.

Election results will be certified no sooner than (8) days after the election and no later than (10) days after the election.

Marybel Cox, Clerk/Treasurer
Town of Rangely



Happenings at Rangely Regional Library

BY AMORETTE HAWKINS

The Library always seems to have something going on. During the winter months the Library received a new paint job on the interior. If you haven't "checked it out" yet, come on in and do so.

The Library is having a booth at "A Night at Hogwarts" where we will be giving away lots of fun Harry Potter themed prizes. It is an event that you do not want to miss!

On April 19th the Library will again be setting up a booth with fun giveaways at the Children's Health Fair. Miss Rita will be there dressed as who knows what and you can be sure that she will be handing out some sort of yummy treat.



We are gearing up for our Summer Reading Program that will begin on the last day of school and end with our grand finale Summer Reading carnival at the end of July. The theme of this year's program is "Adventure Begins at Your Library". The program is for all ages. Contact the Library for more details.

Storytime is every Tuesday all year long at 10:00 A.M. Miss Rita always has neat books to read, a crazy costume on, fun coloring sheets and the best snacks ever!!!!!!

The Library is located at 109 East Main Street and open Monday thru Friday from 10:00 A.M. to 6:00 P.M. Our phone number is 970-675-8811. Our on-line catalog is available at <https://rangelyregionallibrary.follettdestiny.com>. You can find us on Facebook @www.facebook.com/RangelyPublicLibrary.



DOWN

1. Atole ingredients
2. Trattoria request
3. Rah-rah feeling
4. Cute
5. Not permanent
6. Not permanent
7. Infinitive of suis, sommes, etc.
8. Go green, say
9. "The Tenant of Wildfell Hall" novelist
10. Talk up
11. Vellani of "The Marvels"
12. Successor to Cluadius
13. Was certain of
18. "That's enough"
19. "We totally should!"
24. Send-up
25. Rasta pasta pasta
26. Washed up
27. Influencer's conern
28. Trio in Bach's Brandenburg Concerto No. 3
29. Facing trouble
30. One who may face an up-hill climb
31. In lockstep
33. Writing on the wall?
34. Able to do splits, say
43. Brids that often nest with spoonbills
44. "Holy _____!"
46. Blown away
47. Picks up
48. Gate stats
49. Masala_____
50. "Constant Craving" singer
51. Routing abbr.
52. Not just want
54. Continent with nine island nations
56. "True Detective" network
57. Dogfish Head's Notorious H.O.P., for one

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ACROSS

- | | | |
|--------------------------------------------------------|--------------------------------------------------------------------------------------|----------------------------------|
| 1. Squad whose Double-A affiliate is the Rumble Ponies | 25. Seattle hrs. | 42. Investor's concern |
| 5. Like black vinegar | 27. Media company that claims to be the largest producer of Spanish-language content | 44. Photo finish |
| 9. Bit of shut eye? | 32. Hiding place | 45. Boo |
| 14. Rink leap | 33. Chorizo, por ejemplo | 46. "I want no part of this!" |
| 15. _____-free | 35. Agnes, in Spain | 48. Pastry choice |
| 16. Shoyu dish | 36. Italian bread | 52. Fisher of "Shameless" |
| 17. "Don't move" | 37. Deal-maker | 53. TripTik org. |
| 20. Part that has a radius but no diameter | 38. "This can't be happening?" | 55. Sighed line |
| 21. Item that may wind up in backyard | 39. Ingredient in some exfoliators | 58. Poet on some 36-Across coins |
| 22. Program-terminating command | 40. Tree huggers? | 59. 57-Down, for one |
| 23. Feature | 41. Deal that generates interest | 60. Treat for one's dogs? |
| | | 61. Symptoms |
| | | 62. Casino figures |
| | | 63. Side by side? |

20th Annual Foundation Dinner

SUPPORTING SCHOLARSHIPS & ENDOWMENT FUND

CNCC FOUNDATION

invites you to the 20th annual event

SATURDAY APRIL 20, 2024

5:00 - 10:00 pm

DINNER & DRINKS, AUCTIONS, RAFFLE

COLORADO ROOM

500 Kennedy Drive Rangely, CO

Tickets

Early Bird Pricing (before April 1st)

\$60 per ticket

\$350 for table of six

Regular Pricing (after April 1st)

\$65 per ticket

\$375 for table of six



Seating is limited, purchase today!

Scan the QR Code to purchase tickets online.

You may also purchase tickets by contacting

Keely Ellis

keely.ellis@cncc.edu - (970) 675-3216



Kelly O. Clark | Attorney

Licensed in CO and WY

Attorney Kelly O. Clark of McDonough Law Group, with his office in Rangely, Colorado, brings a depth of experience and a keen understanding of Western Slope residents' legal needs. Kelly's diverse background encompasses owning a construction estimating service, leading various legal battles from federal felony cases to complex insurance and property litigation, and representing breach of contract, product liability, and eminent domain actions. His experience also extends to US EPA compliance, environmental law, and a strong business acumen and legal proficiency in the energy sector. Licensed in Wyoming and Colorado, Kelly's broad legal experience and business insight make him a distinguished advocate for individuals and businesses alike.

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RANGELY DISTRICT HOSPITAL

Edition 5
3.28.24

FOUNDATION

TOGETHER WE RISE

We're excited to share with you the latest developments and initiatives at the **RDH Foundation**. Now that our new Board of Directors have been appointed, they are excited to spend April and May conducting meetings regarding our Strategic Plan.

We will set long-term, sustainable goals regarding our relationship building, with key future program developments tailored to Rangely in mind. While our 2024 initiatives focus on rural access & affordability in healthcare, we will continue supporting the in-house MRI Suite, our Emergency Services (Ambulance, EMS, and Acute Emergency Department), Rangely Family Medicine, Eagle Crest Assisted Living, and the Nursing Department in our Extended Care Unit.

Our Foundation & Marketing Director, Raquel Petersen, has submitted several grant applications since our last newsletter, and we eagerly await the decisions from various sources throughout the Summer. To support **Healthcare Workforce Resiliency**, we are seeking funds to host *in-house leadership development* opportunities for Department Managers, Coordinators, and Directors.

Next we applied for funding through a private foundation that will support RDH as we bolster local **Workforce Development** opportunities by creating a **Shadowing & Internship Program** with Rangely Junior/Senior High, allowing for career exploration in *Allied Health Care* fields such as Physical Therapy, Radiology, Medical Billing & Coding, Marketing, and Hospital Administration.

Additionally, we are pleased to announce that we were awarded \$5,000 from United Health Care & Rocky Mountain Health Plans to create a **FREE Drive-Through Flu Vaccine Clinic** for community members 18 and older. Children under the age of 18 are able to receive their flu vaccines by visiting us inside the clinic with their parent or guardian. Keep an eye out for more information about that in the coming months.

As the spring weather continues to get closer, we are excited for the next stages of **Sunrise Memorial Park**. In February, our Board of Directors approved partnering with a landscape architecture company called *Ground Logic*. They will provide us with a new master plan that will visually conceptualize, organize and label the key components of the design including our exercise equipment and walking path. We look forward to soil amendment further establishment of landscaping and appreciate your patience during this time. Don't forget that you can support this wonderful project while honoring your loved one by purchasing a customized, engraved memorial leave (\$100), stone (\$250), or bench (\$2,500).



At the RDH Foundation, we believe in the power of philanthropy to transform healthcare and to support our mission of improving the lives of the individuals and families in the communities we serve. With your support, we will purchase state-of-the-art, life-saving equipment, fund critical programs, and provide our patients the highest quality of care. We are a 501(c)(3) nonprofit organization, classified as a Supporting Organization, therefore all donations and legacy giving are tax-deductible (**EIN 85-2813267**); you can find more information on our website at rangelyhospital.org. Whether you choose to **Volunteer, Donate, or Collaborate**, each of your contributions make a lasting impact. We are thankful for the support and are proud of the positive impact Rangely is willing to make in healthcare. If you would like to discuss initiatives, ideas, or have resources to contribute, we welcome & encourage your involvement!

thank you

We sincerely appreciate our 2024 Sponsors for their contributions to Sunrise Memorial Park, our Child Care Partnership & our General Fund.



DIVISION OF GLACIER BANK



chfa



Raquel Petersen
Foundation Director

(970)675-5011 extension 116 | rpetersen@rdhosp.org

***RDH continued...***

significant milestone in our journey towards expanding healthcare access in our community. As RDH embarks on this new chapter, we extend our most sincere “thank you” to all who have contributed to the realization of this project. Your support has been instrumental, and we are committed to delivering exceptional surgical care that exceeds your expectations.

Our mission is to make every patient feel comfortable and safe, especially during procedures that may be anxiety-inducing. Looking ahead, we are excited for our new expanded surgical offerings including laparoscopic cholecystectomy (gall bladder removal), hernia repair, and non-emergent appendectomy. Lastly, we extend our heartfelt gratitude to our patients for entrusting us with their care and to our dedicated team for their unwavering dedication to excellence. We are proud to usher in this new era of surgical services at Rangely District Hospital and look forward to providing you and your family with consistent, high-quality surgical by utilizing our established clinical protocols and quality standards through entire process of pre-operative evaluation, surgical procedures, post-operative care, and patient follow-up.

For more information about our Surgical Suite and our other healthcare services, please feel free to visit our website (rangelyhospital.org) or contact us directly at (970)675-5011.

SURGICAL SERVICES

WE OFFER THE FOLLOWING SERVICES:

- **Esophageal Dilation**
- **Surgical Consultations**

Cardiac Consultations

ECG/EKGs

Cardiac Ultrasound

Minor Surgical Procedures:

- Vasectomies
- Breast Biopsies
- Skin Biopsies
- Lypoma Removal
- Other Miscellaneous Minor Surgical Procedures

Wound Care

Wound Care for a variety of non-healing wounds following wound consultations.

- **Colonoscopy Screenings with Polyp Removal**
- **Upper Endoscope Screenings**

NEW!

- **Laparoscopic Cholecystectomy (Gall Bladder Removal)**
- **Hernia Repair**
- **Non-Emergent Appendectomy**
- **Various Biopsies**



RDH
Rangely District Hospital

Curious How the Community Visioning Workshop Went? Here's an Update

BY: ALLISON PIAZZONI

The CU Boulder students and supporting Rural Technical Assistance Program facilitators visited Rangely on March 18 and 19, 2024, and had an exceptional time! The team stayed at the Moosehead Lodge and facilitated a 2-day Community Visioning Workshop at CNCC that culminated in several action items that will expand Rangely's outdoor recreation economy. The greatest part about this trip was getting to meet members of our steering committee in person and get to know the residents of Rangely and Dinosaur.

On Monday, March 18th, the team was given a community tour by the one and only Jeannie Caldwell that explored all that Rangely has to offer. Stops along the tour included Kenney Reservoir, the TANK, the Rock Crawling Park, Rangely Hospital, the beautiful school campuses, parks, and other amazing assets Rangely has to offer! In addition to the tour, the team had great meals at Main St Cafe and Gio's. On March 20th Larry and Julie Elarton led the team on a tour of Dinosaur. Stops included Town Hall, future park development projects, Dinosaur's dinosaurs, amazing scenic views, and hunting access points. The Community Points of Contact were vital in preparing for this workshop and will continue to guide the team, along with the steering committee, as they draft the Community Action Plan.

The Community Action Plan will detail the goals and action items discussed in the workshop and future post-workshop calls. You can expect to see action items to come from the following focus areas:

1. Recreation Infrastructure Development and Management
2. Business and Economic Development
3. Destination Marketing, Tourism, and Talent Attraction
4. Develop, Leverage, and Strengthen Outdoor Recreation Partnerships

"The workshop was a success and we had an incredible time getting to know Rangely and Dinosaur residents and translating great ideas into actionable items for the Community Action Plan. The workshop was centered around community input and involvement and everyone who attended brought great energy with them and participation was fantastic. We are grateful for those who participated and can't wait to share your great ideas as actions!

Thank you, Rangely, for hosting us and we look forward to co-creating the Community Action Plan and sharing the final draft with you on May 3, 2024!"

If you would like to get involved, please reach out to the CU team via Allison Piazzoni at allison.piazzoni@colorado.edu.





5th Annual Nick Lancaster Memorial Golf Tournament

Saturday June 1, 2024

Where: Cedar Ridges Golf Course, Rangely, CO

Tournament Format: 4 -Man Scramble, 18 Holes

Registration Fee: \$320/Team

Shotgun start: 9:00 am

Lunch Provided

Prizes: 1st thru 3rd,

Closest to the Pin and Longest Drive

To Register, please call: Chris Hejl 970.675.8403

**Proceeds to benefit the
Bleed Green Lancaster #17 Foundation.**

Rangely Days Gone By

Urie-Chitwood



Miss Elaine Chassandra Chitwood, daughter of Mr. and Mrs. Bluford Chitwood of Farmington, N. M., and Stephen Alexander Urie, son of Mrs. Nigel Pittman of Grand Junction, were united in marriage on January 22 at the L.D.S. Church in Rangely. Bishop Larry Cook officiated at the double ring ceremony before a small gathering of friends and close relatives.

The bride wore a floor-length satin dress with overlaying sheer lace and carried a bouquet of red and white roses. She was given in marriage by her brother-in-law, Mr. Robert Williams.

Mrs. Conda Nielsen served as Matron of Honor and Miss Janet Sutton was bridesmaid. Both wore red satin pantsuits with red overlaying lace trimmed in white.

Best man was the groom's brother, Guy Urie, and Tom Urie, another brother, was groomsman. Ushers were Jerry Crook and Craig Polley.

A reception at the home of Mr. and Mrs. James Sinclair followed the ceremony. The red and white color scheme was used in the table setting. A four-layer cake with pillars was white with red trimming. Punch and cake were served by Mrs. Derryle Baker and Mrs. Jerry Crook.

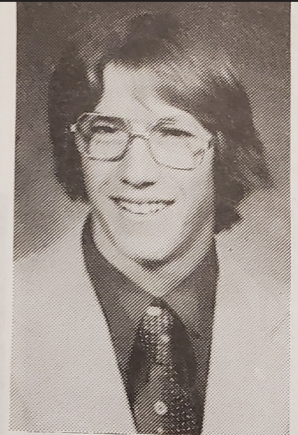
Out of town guests included Mrs. Bluford



New Post Office

Patrons were having a busy time finding locations of their new boxes last week when the Post Office opened for business in new quarters three blocks up the street. Parking problems are eased at the new location and there are many other improvements over the previous office.

Linda and Wade Cox announce the birth of a son at 10:01 p.m. on May 5. Jason Wade weighed 8 pounds, 3 oz. and is 19½ inches long. He was born in the Rangely District Hospital. Maternal grandparents are Mr. and Mrs. Roger Padilla and paternal grandparents are Mr. and Mrs. Mace Cox, all of Rangely.



Jeffrey LeBleu

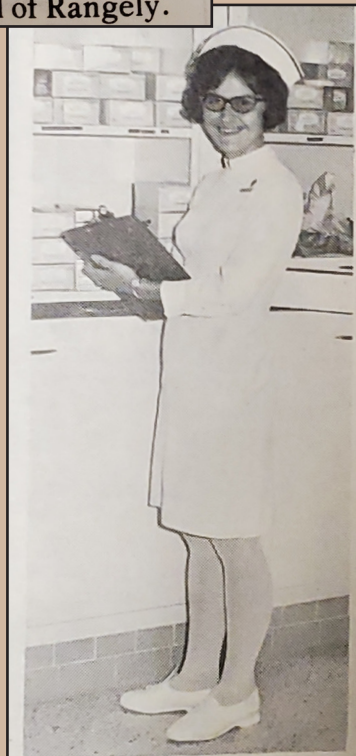
Buck, Kermit, and Herbert--these are the nicknames for Jeffrey LeRoy LeBleu. Jeff was born September 19, 1962, in Durango, Colorado, to Mr. and Mrs. Jerry LeBleu. He moved to Rangely in 1969 from Chickasha, Oklahoma.

Jeff names water skiing, wrestling, fishing, partying, chasing girls, and messing around with his friends as some of his extra-curricular activities. When he isn't busy doing the above, he wastes his gas and time drag racing with his brother and friends.

During high school, he was quite active in wrestling (9-12, captain-12). Jeff also was involved in football (9), and Chorus (9). He was chosen as the boy with the prettiest smile out of the Senior Class.

Jeff is now employed at Foust Auto Parts & Supply and plans to work this summer and attend CNCC this fall.

Jeff will long remember his Senior Prom and Chef's Course his junior year.



Mrs. Becky Lane, R.N., is pictured checking over the Operating Room supplies. Mrs. Lane is surgical nurse and is in attendance of all surgery done at Rangely District Hospital.

6 The Rangely Times May 27, 1971



1971 Rangely Rodeo Royalty

Midway Through Spring Semester

BY DR. LISA JONES

Colorado Northwestern Community College has reached the midpoint of the semester. Intercollegiate basketball is winding down and baseball and softball are gearing up. Students are studying hard for midterms and making plans for Spring Break (March 11-15).

This month, I would like to highlight one of CNCC's oldest and most respected programs, aviation-flight. Nearing its 60th year in existence, the College's flight program has produced some of the most successful freight, commercial, military, research, and teaching pilots in existence. It gave rise to the name "The Rangely Boys" known well at United Airlines and a name considered in high regard as being among the most well-trained pilots of the highest integrity and work ethic.

CNCC has a proud history in aviation and deep roots in the industry with partners and friends all over the globe. For many years the program has topped the national rankings as an outstanding two-year aviation program and its graduates are sought globally. Graduates identify the following as practical benefits to becoming a pilot: The opportunity to travel the world; Six figure income and incredible benefits; Their family travels for free; They have a flexible work schedule; They don't take their work home with them and, 6. They area able to serve others. Aside from these realities, there are more jobs available than there are well trained pilots. In fact, prior to the pandemic in 2019, the projected growth in jobs for pilots by 2030 was 10% and for aviation maintenance technicians was approximately 13%. Post-pandemic, due to the number of retirements, Boeing forecasts the number of new pilots needed over the next 20 years in North America alone will be 130,000.

At CNCC, we are preparing for the future of aviation, not only in terms of our student's educational experience, but also regarding the workforce needs of industry partners. To that end, on March 14, from 9 am-4 pm (registration starts at 8 am and a 5 pm reception will follow), CNCC will be hosting its NW Colorado Aviation Summit with the goal of hearing from local and state level aviation leaders and discuss the future of aviation in northwest Colorado. This event is free to the public but requires registration for planning purposes. Please contact Ms. Jennifer Mark at jennifer.mark@cnc.edu or (970) 675-3290 to reserve your spot.

As we plan the next phase in the aviation program's future, our goals include expanding program capacity, opening opportunities for greater numbers of student pilots; utilizing aerospace research to continue innovative approaches to teaching and learning, and building upon the existing partnerships we have nurtured in education and industry.

To learn more about what set's CNCC's aviation program apart, visit <https://www.cnc.edu/degrees/rangely/aviation-tech>

February Crossword Results

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Town of Rangely Received 2024 Main Street America Accreditation

BY JEANNIE CALDWELL

The Town of Rangely's Main Street Program, "TREAD," has been designated as an Accredited Main Street America™ program for meeting rigorous performance standards. Each year, Main Street America and its partners announce the list of Accredited programs to recognize their exceptional commitment to preservation-based economic development and community revitalization through the Main Street Approach™.

"We are very proud to acknowledge this year's 862 Accredited Main Street America programs, and their steadfast dedication to nurture economically and culturally vibrant downtown districts," said Hannah White, Interim President & CEO of Main Street America. "The increase in the size and impact of our network speaks volumes to the power of the Main Street movement to respond to the needs of local communities and drive innovative solutions."

In 2022, Main Street America programs generated \$6.2 billion in local reinvestment, helped open 7,657 net new businesses, facilitated the creation of 29,174 net new jobs, catalyzed the rehabilitation of 10,688 historic buildings, and leveraged 1,528,535 volunteer hours. On average, for every dollar that a Main Street program spent to support their operations, it generated \$24.07 of new investment back into their downtown communities.

Collectively, 2 million people live or work within the boundaries of designated Main Street America districts. An estimated workforce of 1.1 million people contributes their skills and expertise to advancing the missions of these historic downtowns and commercial corridors.

TREAD's performance is annually evaluated by Colorado Main Street, which works in partnership with Main Street America to identify the local programs that meet rigorous national performance standards. To qualify for Accreditation status, communities must meet a set of rigorous standards that include commitments to building grassroots revitalization programs, fostering strong public-private partnerships, nurturing economic opportunity for small businesses and entrepreneurs, and actively preserving historic places, spaces, and cultural assets.

Since the onset of Rangely's Main Street Program, TREAD, they have worked on many projects such as paving the Kennedy Walking Path and adding solar lights, expansion of sidewalks on Main Street as well as installation of a pocket park in the courtyard area between Town Hall and the Rangely Regional Library. Of course, the new mural on White Avenue was also a Main Street Project.

Per Lisa Piering, Town Manager, "this is a huge accomplishment for our program and the community. TREAD has worked tirelessly on economic vitality and design within our community. We are very excited to continue to watch the program develop and continue their hard work."

TREAD is devoted to working together with the community to preserve our small-town identity while developing a vibrant downtown attractive to residents, businesses, and tourists. Our Vision is to invite diverse partnerships to drive economic resiliency, promote power of place, and enhance the quality of life in our community.

ABOUT MAIN STREET AMERICA

Main Street America leads a movement committed to strengthening communities through preservation-based economic development in older and historic downtowns and neighborhood commercial districts. For more than 40 years, Main Street America has provided a practical, adaptable, and impactful framework for community-driven, comprehensive revitalization through the Main Street Approach™. Our network of more than 1,600 neighborhoods and communities, rural and urban, share both a commitment to place and to building stronger communities through preservation-based economic development. Since 1980, communities participating in the program have generated more than \$101.58 billion in new public and private investment, generated 168,693 net new businesses and 746,897 net new jobs, rehabilitated more than 325,119 buildings, and levered over 33.7 million volunteer hours. Main Street America is a nonprofit subsidiary of the National Trust for Historic Preservation. For more information, visit mainstreet.org.





ARBOR DAY 2024



TREES FOR HABITAT



2 May, 2024 | 10:00 AM

- Contest Winners Announced
- Tree Giveaways
- Plant a Tree
- Learn about Arbor Day & the Value of Trees



Current COR400000 Construction Stormwater General Permit Expires

BY ROXIE LONG-FROMANG

In 1992, the State of Colorado stormwater regulations for stormwater discharges went into effect to control the discharge of pollutants in stormwater discharges associated with construction activities, based on EPA regulations. The regulations are included in State regulation 5 CCR 1002-61, the Colorado Discharge Permit System (CDPS) regulation. The regulation is implemented by the Colorado Department of Public Health & Environment, Water Quality Control Division (the division). Regulated stormwater discharges from construction activities in Colorado are covered under the CDPS General Permit for Stormwater Discharges Associated with Construction Activities, COR400000 (the Stormwater Construction Permit).

Construction activities produce many different kinds of pollutants which may cause stormwater contamination problems and impacts on water quality. The main pollutant of concern at construction sites is most often sediment. Grading activities remove grass, rocks, pavement and other protective ground covers, resulting in the exposure of underlying soil to the elements. The soil is then easily picked up by wind and/or washed away by rain or snowmelt. Sediment runoff rates from construction sites are typically 10 to 20 times greater than those from agricultural lands, and 1,000 to 2,000 times greater than those from forest lands. During a short period of time, construction activity can contribute more sediment to streams than would normally be deposited over several decades, causing physical, chemical, and biological harm to our state's waters.

Construction sites that disturb one acre or greater, or are part of a larger common plan of development or sale disturbing one acre or greater, are covered under Colorado's stormwater permitting requirements. Generally, permit coverage is required. Application for permit coverage must include the submittal of a complete, accurate, and signed permit application at least 10 days prior to the commencement of construction activity.

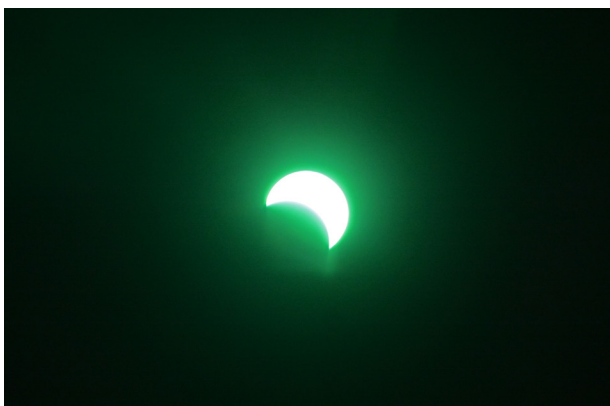
The primary requirement of the Stormwater Construction Permit is to implement control measures to control the discharge of pollutants from the site and to develop and implement of a stormwater management plan. The permit also includes other terms and conditions for managing and inspecting construction activities and control measures, for protecting water quality, and for record keeping and reporting.

No matter the type of construction, whether it be residential, commercial, energy or transmission lines, or oil and gas, Summit Services Group is here to help you navigate and develop a compliance program that meets your goals. Summit Services Group is a Colorado Company that specializes in stormwater design, SPCC, sampling, and inspection services.

Respectfully submitted by Roxie Long-Fromang, a Rangely native, Environmental Consultant, and Qualified Stormwater Manager/GEC Administrator. Our team of compliance experts at Summit Services Group would like the opportunity to support and assist you throughout your next project. Please contact us at 970) 812-2293, email us at info@summitservicesgroup.com or visit our website <https://summitservicesgroup.com>.

Solar Eclipse of 2024

Were you able to view the solar eclipse? Very exciting to watch! Check out these photos take by James Caldwell in Rangely!



**RENT YOUR
GARDEN
PLOT
TODAY!!**



**Gardening is Cheaper
than Therapy and You
Get Tomatoes!**



Plot Prices:

Small Plots - \$65.00

Large Plots - \$85.00

Cost includes the entire growing season, amended soil, water, some soil amendment (manure, leaves, etc.), access to other gardeners, help from community gardeners when you are out of town, regular organic spraying for pests, access to tools, a tiller, and more!

CALL US TODAY! 970-629-9978

Have something you would like to contribute. Submit articles, events or photos to The Rangely Review at rangelyreview@gmail.com



Kobe Chism Selected for 2024 Colorado 8 Man All-State Team

BY AMORETTE HAWKINS

The Bleed Green Lancaster #17 Foundation is proud to sponsor Rangely Panther football player, Kobe Chism (#22) at the 2024 Colorado's 8-Man All-State Game in Gilpin County Colorado. The 8-Man Football All-Star Game consists of 4 leagues in the South and 3 leagues in the North. The All-State Players selected will live and practice with their new team and coaches for three days prior to the game. The game will be held in Black Hawk at 2:00 P.M. on Saturday, June 1st. For more information visit www.eliteallstate.com or Facebook: @eliteallstate.

Congratulations Kobe!!!!

Bleed Green Lancaster #17 Foundation is a registered 501(c)(3)

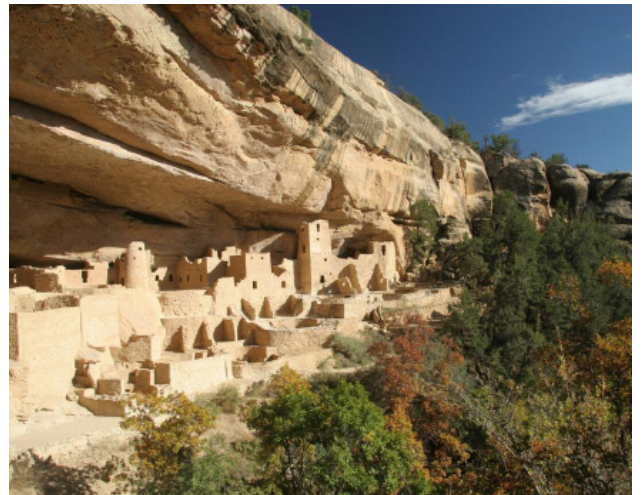
<https://bleedgreenlancaster17.team/>



Dunes continued...

are impossible to ignore. If you're looking for an 'otherworldly' sound experience in Colorado, head to Rangely and plan a trip to an event at 'The Tank,' officially known as the Center for Sonic Arts. This rusty 65-foot cylinder was built for water storage, but later turned into a one-of-a-kind venue offers shows that won't soon be forgotten.

4. The Paint Mines - Honestly, the Paint Mines are a bit more colorful than the 'Dune' landscape, but its otherworldly nature lands it on this list. Spanning about 760 acres, colorful rocks and gullies can be explored at this location found east of I-25. If you visit, do not climb on rock formations and make sure to leave no trace.



5. Mesa Verde National Park - As anyone who has seen Dune knows, the Fremmen are the locals who inhabit the planet, living in a series of desert communities called 'sietches' that help to protect them from the harsh realities of the planet they call home, playing a bigger role in 'Part II' compared to 'Part I.' Colorado doesn't have a group of people living under the earth's crust, but housing built into cliff sides can be explored in the Centennial State. The best place to see these structures is Mesa Verde National Park, built by Ancestral Puebloans who inhabited the area between 500 AD and 1300 AD. This spot has also been designated as an 'international dark sky site,' which means those camping here are sure to see plenty of stars provided it's a clear night.

6. The Space Foundation Discovery Center - The Space Foundation Discovery Center in Colorado Springs makes the cut for this list because it's all about space, which plays a huge role in Dune. This attraction is currently closed for renovations, but it's set to reopen in the spring of 2024 with a remodel, renovation, and expansion. It'll be bigger and better than ever.

7. Rangely Off-Road Park - While Dune is most notably known for its Sand Dunes, there are also plenty of rock areas on the planet, as well. Those looking to navigate difficult stretches of Colorado's rocky terrain should visit the Rangely Rock Crawling Park for an extreme off-roading experience.



What's another 'Dune-themed' destination that should be added to this list? Let us know in the comments.



PANTHER SPORTS CENTER



2023-2024

Athletic Calendar

Utilize the QR Code below
to view the Athletic
Calendar for Rangely School
District



Rangely Lady Panthers Basketball

BY JEANNIE CALDWELL

I am a huge fan of women's sports! I especially love basketball! If anyone in town knows me, they know my niece plays Division 1 basketball for the University of Kentucky! Go Cats!

While I am from Kentucky and love the Cats, I live in Rangely, and I LOVE our sports teams in Rangely! Go Panthers and Go Spartans! I especially love the Lady Panthers basketball team! I attended both games of the regional tournament, which was held in Rangely. I witnessed first-hand the talent on the team, their extreme effort, their team mentality and of course the regional win! I loved getting the W!

I am also impressed with how the community ventures out and supports our sports teams. Support makes the difference. The young people in the community work hard and deserve to have the community back them. And that we did! In abundance!

While they were not successful in the state tournament, they were very successful for our small community. I want to make sure they understand that. We are proud of them. I know the significant amount of time some of these young ladies spend shooting and working out in the gym, when no one else is around. I am proud of you and most of all I am proud to be a Panther!

A HUGE SHOUT OUT TO ALL PANTHER AND SPARTAN SPORTS TEAMS!



SPARTAN SPORTS CENTER

Moving Dirt for CNCC Soccer Field

BY JEANNIE CALDWELL

Have you been on the campus of CNCC lately? If not, you should stop by and look around! There has been a lot going on. A new parking lot, new sidewalks in areas and now, at the entrance to campus, work has begun on a new soccer field!

And what a gorgeous location for a soccer field! The views are incredible! CNCC has really been making changes...they even now

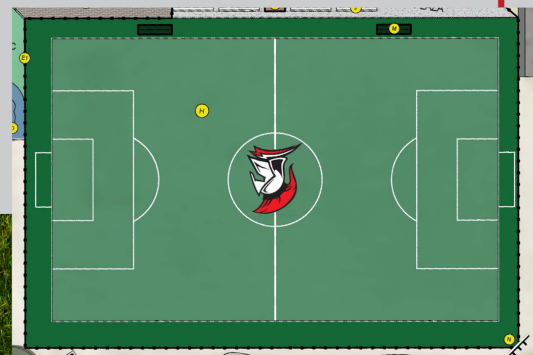
have a four-year program! Congratulations again Dental Hygiene!

The college has plans for other crucial updates in the coming few years. Change is good and needed! Congratulations on the soccer field CNCC!



Bud Striegel Family Soccer Field DEDICATION

Friday, April 26, 2024
11:30 a.m.



Colorado Northwestern Community College invites you to attend the Bud Striegel Family Soccer Field Dedication Ceremony. Attendees can enjoy lunch and remarks from:

- Larry "Bud" Striegel
- Ron Granger - Foundation Board Chair
- Sam Tolley - Advisory Council Chair
- Dr. Lisa Jones - President for CNCC

The Bud Striegel Family Soccer Field is located on the Rangely Campus. For more information and to RSVP contact Keely Ellis at keely.ellis@cnc.edu or (970) 675-3216.

SPARTANS

WOMEN'S SOFTBALL

2023-2024 SEASON

DATE	OPPONENT	SITE	TIME
Feb. 13, (Tue)	Scottsdale Community College	Scottsdale, AZ	12:00 PM & 2:00 PM
Feb. 17, (Sat)	Chandler-Gilbert Community College	Chandler, AZ	12:00 PM & 2:00 PM
Feb. 21, (Wed)	Garden City Community College	Trinidad, CO	12:00 PM & 2:00 PM
Feb. 23, (Fri)	Trinidad State Junior College	Trinidad, CO	11:00 AM & 1:00 PM
Feb. 24, (Sat)	Luna Community College	Las Vegas, NM	12:00 PM & 2:00 PM
Feb. 25, (Sun)	Luna Community College	Las Vegas, NM	12:00 PM & 2:00 PM
Mar. 1, (Fri)	Salt Lake Community College	Salt Lake City, UT	1:00 PM & 3:00 PM
Mar. 2, (Sat)	Salt Lake Community College	Salt Lake City, UT	12:00 PM & 2:00 PM
Mar. 8, (Fri)	Utah State University Eastern	Rangely, CO	1:00 PM & 3:00 PM
Mar. 9, (Sat)	Utah State University Eastern	Rangely, CO	12:00 PM & 2:00 PM
Mar. 15, (Fri)	College of Southern Nevada	Henderson, NV	1:00 PM & 3:00 PM
Mar. 16, (Sat)	College of Southern Nevada	Henderson, NV	12:00 PM & 2:00 PM
Mar. 22, (Fri)	College of Southern Idaho	Rangely, CO	1:00 PM & 3:00 PM
Mar. 23, (Sat)	College of Southern Idaho	Rangely, CO	12:00 PM & 2:00 PM
Mar. 29, (Fri)	Snow College	Ephraim, UT	3:00 PM & 5:00 PM
Mar. 30, (Sat)	Snow College	Ephraim, UT	1:00 PM & 3:00 PM
Apr. 5, (Fri)	Salt Lake Community College	Rangely, CO	1:00 PM & 3:00 PM
Apr. 6, (Sat)	Salt Lake Community College	Rangely, CO	12:00 PM & 2:00 PM
Apr. 12, (Fri)	Utah State University Eastern	Price, UT	1:00 PM & 3:00 PM
Apr. 13, (Sat)	Utah State University Eastern	Price, UT	12:00 PM & 2:00 PM
Apr. 19, (Fri)	College of Southern Nevada	Rangely, CO	1:00 PM & 3:00 PM
Apr. 20, (Sat)	College of Southern Nevada	Rangely, CO	12:00 PM & 2:00 PM
Apr. 26, (Fri)	College of Southern Idaho	Twin Falls, ID	1:00 PM & 3:00 PM
Apr. 27, (Sat)	College of Southern Idaho	Twin Falls, ID	12:00 PM & 2:00 PM
May 2, (Thu)	Snow College	Rangely, CO	1:00 PM & 3:00 PM
May 3, (Fri)	Snow College	Rangely, CO	12:00 PM & 2:00 PM
May 6-8, (Mon-Wed)	Region 18 Tournament	TBA	TBA

All games and times are subject to change. For the most current game information visit:

athletics.cncc.edu

BECOME A SPARTAN BOOSTER

Show your support for Spartan Athletics and become a Spartan Booster. Boosters enjoy benefits such as Spartan gear, game passes, team photos, and public recognition.

To become a Spartan Booster contact **Zac Stevenson** at zachary.stevenson@cncc.edu or call 970.675.3312.

LIVE STREAM



SCAN ME



SPARTANS

MEN'S BASEBALL

2023-2024 SEASON

DATE	OPPONENT	SITE	TIME
Jan. 26 (Fri)	Scottsdale Community College	Scottsdale, AZ	12:00 PM & 3:00 PM
Jan. 27 (Sat)	Scottsdale Community College	Scottsdale, AZ	12:00 PM & 3:00 PM
Jan. 30 (Tue)	Glendale Community College	Glendale, AZ	2:00 PM
Feb. 2 (Fri)	Paradise Valley Community College	Phoenix, AZ	12:00 PM & 3:00 PM
Feb. 3 (Sat)	Paradise Valley Community College	Phoenix, AZ	12:00 PM & 3:00 PM
Feb. 6 (Tue)	Glendale Community College	Glendale, AZ	2:00 PM
Feb. 8 (Thu)	Cochise College	Douglas, AZ	12:00 PM & 3:00 PM
Feb. 9 (Fri)	Cochise College	Douglas, AZ	12:00 PM & 3:00 PM
Feb. 21 (Wed)	Prairie Baseball Academy	Henderson, NV	TBA & TBA
Feb. 22 (Thu)	Prairie Baseball Academy	Henderson, NV	TBA
Feb. 23 (Fri)	Prairie Baseball Academy	Henderson, NV	TBA & TBA
Feb. 24 (Sat)	Prairie Baseball Academy	Henderson, NV	TBA
Feb. 29 (Thu)	Salt Lake Community College	Rangely, CO	12:00 PM & 3:00 PM
Mar. 1 (Fri)	Salt Lake Community College	Rangely, CO	12:00 PM & 3:00 PM
Mar. 8 (Fri)	Utah State University Eastern	Price, UT	11:00 AM & 2:00 PM
Mar. 9 (Sat)	Utah State University Eastern	Price, UT	11:00 AM & 2:00 PM
Mar. 15 (Fri)	College of Southern Nevada	Rangely, CO	12:00 PM & 3:00 PM
Mar. 16 (Sat)	College of Southern Nevada	Rangely, CO	11:00 AM & 2:00 PM
Mar. 22 (Fri)	College of Southern Idaho	Twin Falls, ID	12:00 PM & 3:00 PM
Mar. 23 (Sat)	College of Southern Idaho	Twin Falls, ID	11:00 AM & 2:00 PM
Apr. 5 (Fri)	Salt Lake Community College	Salt Lake City, UT	12:00 PM & 3:00 PM
Apr. 6 (Sat)	Salt Lake Community College	Salt Lake City, UT	11:00 AM & 2:00 PM
Apr. 12 (Fri)	Utah State University Eastern	Rangely, CO	12:00 PM & 3:00 PM
Apr. 13 (Sat)	Utah State University Eastern	Rangely, CO	11:00 AM & 2:00 PM
Apr. 19 (Fri)	College of Southern Nevada	Henderson, NV	12:00 PM & 3:00 PM
Apr. 20 (Sat)	College of Southern Nevada	Henderson, NV	11:00 AM & 2:00 PM
Apr. 26 (Fri)	College of Southern Idaho	Rangely, CO	12:00 PM & 3:00 PM
Apr. 27 (Sat)	College of Southern Idaho	Rangely, CO	11:00 AM & 2:00 PM
May 9-11 (Thu-Sat)	Region 18 Tournament	TBA	TBA

All games and times are subject to change. For the most current game information visit:

athletics.cncc.edu

BECOME A SPARTAN BOOSTER

Show your support for Spartan Athletics and become a Spartan Booster. Boosters enjoy benefits such as Spartan gear, game passes, team photos, and public recognition.

To become a Spartan Booster contact **Zac Stevenson** at zachary.stevenson@cncc.edu or call **970.675.3312**.

LIVE STREAM



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Community College**



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15% DISCOUNT EVERY WEDNESDAY FOR SENIORS!

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Shop Local, Support Local

BY JEANNIE CALDWELL

In a small community everyone matters! And, every business, every park, every Special District... everything matters. Together we build a great community that meets the needs of everyone. To keep the community moving forward in a positive way and growing, we as residents must stick together and take responsibility. In the words of my mother (as I grew older of course), "You take care of you and yours because it is your responsibility." Could this advice apply to communities? I do believe it does.

I often think of the local business owners and the responsibility they feel for their business, their family and of course the community as they supply much-needed items and services and of course look for additional ways to serve the community. A great example is Rangely True Value. The owner, Rodger Polley, is a true entrepreneur. He does a great job supplying the community with needed items, to include services. He is always looking for additional ways to supply the community. Having said that we must also remember the local restaurants, car repair shops, electric companies, motels, gas stations (we have 3), Sweetbriar for home goods, bars, liquor stores, hair salons, massage therapists and wellness shops, General Dollar, the college, hospital, library...you get the point! We must love and appreciate all of them. They count on us!

see White River Market on pg 28



White River Market continued...

Another local business to think about, and one that is a must have, is our local market, The White River Market. What a convenience to drive a couple of miles to a grocery store where I can purchase most anything I need foodwise. I will also say I love being greeted by some awesome neighbors while I am there.

White River Market has made some very exciting changes over the past few months. They now have a great app which provides you with weekly ads digitally. If you don't have a phone that can handle apps, they have a huge digital display at the entrance to the store. But the app is great because you can earn points for coupons as well as free items. The app is worth checking out!

Another cool update - pricing at the market is now completed by a distributor based on zones. The market's distributor is located in Salt Lake City, Utah and pricing is based on a Utah zone. This in turn has lowered the price of many items in the store. One great example of an item where pricing was lowered is the large bags of shredded cheese. In the past, they were priced at \$12.99; however, with the new zone pricing the price is \$8.59. Just one of many items that have gone down in price... benefitting our community! Also, Wednesday is Senior Citizen Day where senior citizens receive a 15% Discount! That's huge.

We are fortunate to have as much as we have in our small town. My hope is that each of us can remember to shop locally as much as possible! We are a small community where everything matters! The benefits from shopping locally to our community are needed! Each shopper is appreciated by the local businesses! As a community, let's stick together! Go Rangely!

CNCC is Blooming this Spring

BY DR. LISA JONES

On March 19th, the equinox arrived marking the start of Spring. Though it usually falls on the 20th of the month, it came a day early due to leap year. Our relatively mild Winter has led the way to an equally mild start of Spring... a time when hope is at a high and new life is born and blooms all around us.

At CNCC, it is a very busy time for our faculty, staff, and students, but it is also a time of hope and joy. We recently had the opportunity to bestow academic and leadership honors on students at CNCC's annual Student Honors Programs held on April 2nd in Rangely and April 5th in Craig. It was wonderful to see and recognize the successes of some of the top-performing students at our college.

In celebration of CNCC, its donors, and all who bring educational value to our students, we look forward to hosting the 2024 Foundation Dinner on Saturday, April 20th. We also look forward to dedicating on our men's and women's soccer field on Friday, April 26th at 11:30 am. The field will be named in honor of a leader, entrepreneur, and long-time college and community supporter, Mr. Bud Striegel, and his family. For those interested in attending the dedication event and honoring Mr. Striegel and his family, please contact keely.ellis@cncc.edu. Mr. Striegel has donated his time, support, and resources to the resurrection of a college building and prepping work for CNCC's softball field.

Though students are feeling the educational "burn", they also look forward to finishing off the semester on a positive note. For those graduating, they are contemplating with excitement their next life phase. We will also have additional opportunities to recognize outstanding students and program-specific ceremonies in the coming week. We are looking forward to honoring National Park Ranger candidates who will be graduating on May 9th, Nursing graduates will be honored at a pinning ceremony on May 10th and Aviation candidates will be honored on the same day at their Wings Ceremony. Dental Hygiene students will hold its annual pinning ceremony on the morning of May 11th with CNCC's commencement exercises taking place that afternoon at 2 pm in Rangely.

We have much to do to close out this academic year, which was filled with institutional and student achievements, but we have much to look forward to during these final weeks of the semester. We in Spartan Country wish each of you hope and joy during this Spring season.





SPRING CPR TRAINING

Join the Rangely Police Department in
for our quarterly CPR Training! Class
Cost is \$40 and covers a training
manual, CPR card, and CPR mask.
Class maximum is 20.

17TH MAY, 2024
8AM TO 5PM

209 E Main Street
Rangely, Co 81648





Water continued...

learning opportunities that bring great value to our rural community that of course begins with our future leaders and continues on through college level.

This year, National Arbor Day is Friday April 26, 2024. Over the past several years during the week of Arbor Day, Parkview Elementary School students have created wonderful posters and poems to attribute their prospective of the importance of trees. The RBWCD works together with the Town of Rangely and Rangely Chamber finding winners throughout the contest ending on Friday. Every year, there is a new tree planted along Main Street and last year's tree is forever named "Groot" with the bonus of every student receiving a tree sapling of their own to take home.

May is the start of the runoff season for the White River and the welcomed return of the Rangely School District 5th graders. Each year the 5th grade class joins us for a tour at Taylor Draw Dam, Taylor Draw Hydroelectric Facility, and Kenney Reservoir. Engaging this group of young people is always a treat since they are always inquisitive. No shortages of questions. One of the more memorable questions we received was "how many fish go over the spillway in a day?", which ushers in an entirely new dialogue for a learning opportunity, the fish. Each trip we share with them: why Taylor Draw Dam was constructed, how Taylor Draw Dam was paid for, the role Taylor Draw Dam and Kenney Reservoir and the benefits each provide for our community.



The annual RBWCD Fishing Derby has been going on for over 25 years and this year it will be June 1st – the 2nd. Categories are the same as last year with ample awards and prizes for several ages and groups that are included within the youth derby. You never quite know what fish or "crawfish" will be brought in nor what category will have a special surprise award from one of our sponsors. During the event we promote, educate, and showcase available water related activities to outdoor recreation and ecological learning relevant to the White River and western Rio Blanco County.

More recently CNCC's Dr. Mario Sullivan, and his natural resource students joined us for a summer and fall Taylor Draw Dam tour as well. These students take a more in-depth look at the operations and administrative side of Taylor Draw Dam, the endangered species component, the state and federal regulatory rolls, permitting needs & requirements for projects of this nature, and laws of the river typically with a better understanding of how complexed water-in-west has become while trying to provide water for multiple beneficial uses in a period of intense drought.

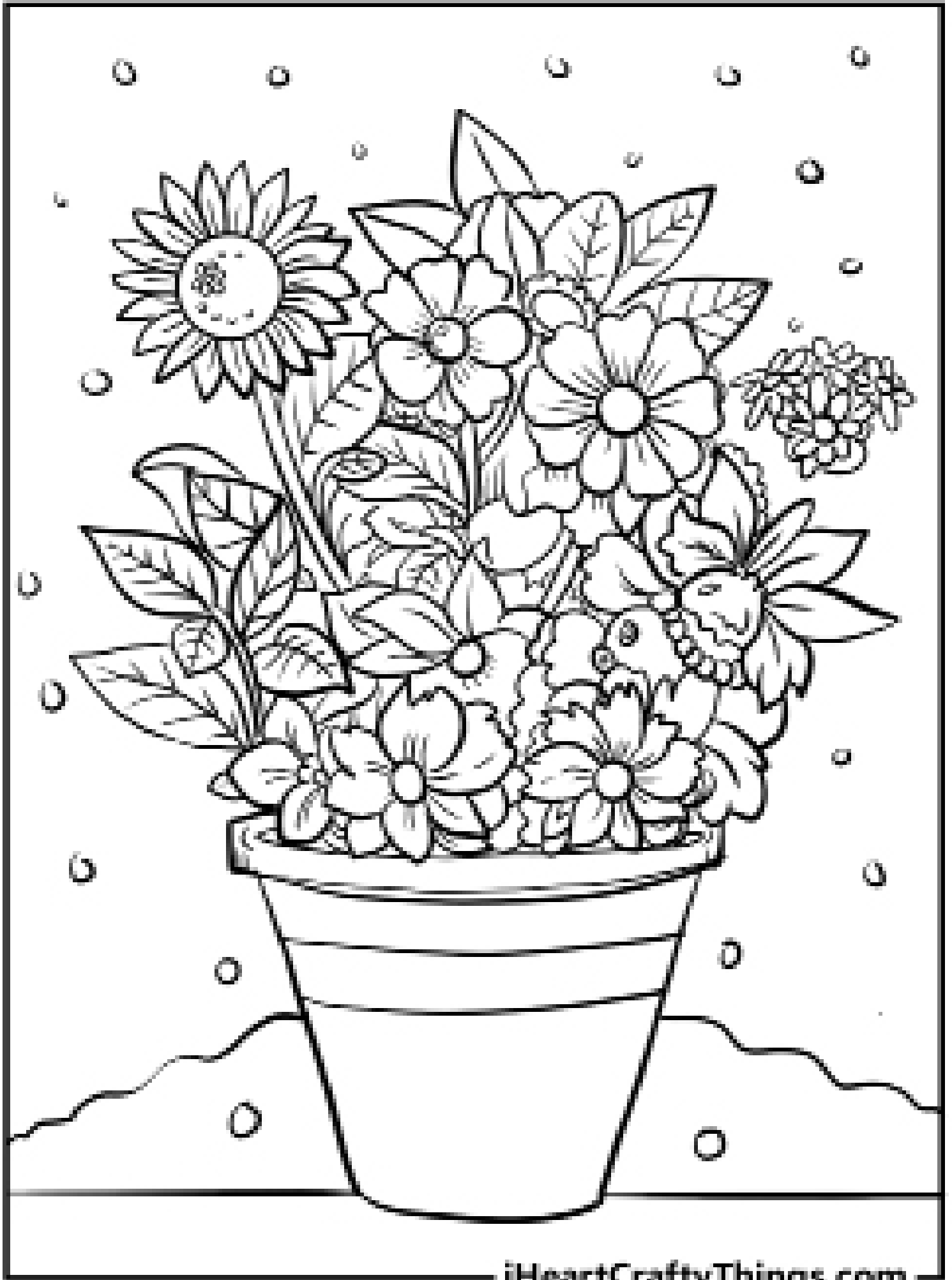
Although this is not an annual event, it has been influential for our community sharing our message. In September over a period of 3 days we lead a tour of the proposed Wolf Creek Reservoir, and an option to tour Kenney Reservoir, Taylor Draw Dam, and Taylor Draw Hydroelectric facility which several chose to attend. We had considerable participation of local, state, and federal government agencies from across Colorado and Utah. We shared with them information about our White River community, sedimentation, high desert wetlands, present and future water shortages and associated injury, hydroelectric power generation, and endangered species.

September 18, 2023, our watershed was graced by Intermountain West Joint Venture who represent all states west of the Continental divide with a tour of the White River from Twin Buttes Ranch up towards Douglas Pass, on through Taylor Draw Dam, Kenney Reservoir & the wetlands, to a few miles above Meeker at the Meeker Pasture area. This bus load of professionals has a specific interest in flood irrigation and migratory birds. Making the White River drainage of particular interest is the use of flood irrigation, return flows from flood irrigation, high plains wetlands in our basin, and how our regions customs and cultures have fed into flood irrigation as the cornerstone to the functionality of our river system providing for our community.

One thing is for sure, we all understand the critical role the White River plays in each of our lives. It's of considerable importance for us to pass on the knowledge, experiences, and passion highlighting the inter-connection our river has for each of us and even for those who do not call the White River basin "home". Our story is unique, and we are pleased to do our part to pass along such valuable information that started with the structure from our forefathers.



Kids Corner



iHeartCraftyThings.com



April Word Search

R	T	U	Z	Y	A	R	A	B	B	I	T
P	A	P	R	I	L	F	O	O	L	S	R
U	E	I	O	D	J	A	C	K	E	T	A
E	M	A	X	E	P	E	I	S	Q	O	I
O	G	Z	L	A	W	R	M	A	U	E	N
E	R	G	S	R	G	C	L	Q	F	P	B
S	A	R	S	T	O	H	J	B	B	U	O
P	B	A	D	H	S	I	M	R	E	D	W
R	U	S	I	D	W	C	L	O	U	D	S
I	E	S	R	A	E	K	A	P	I	L	Z
N	D	B	B	Y	I	S	P	M	U	E	A
G	U	A	T	U	L	I	P	S	X	S	O

- | | | | |
|----------|--------|-------------|-----------|
| RAINBOWS | EGGS | RABBIT | EARTH DAY |
| CLOUDS | CHICKS | APRIL FOOLS | GRASS |
| SPRING | TULPIS | JACKET | PUDDLES |

ISPY Spring

7	5	6	11	7	4	6
13	8	5	10	5	8	4

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Butterfly Mazes

Decorate:

www.BrainyMaze.com

Images by Hubley's Queen & Emma M. Gagliardi

Name: _____ Date: _____



WORD SCRAMBLE DIRECTIONS:
Unscramble each set of letters to discover a vocabulary word relating to the lovely month of April.

- | | | | |
|-------------|-------|----------|-------|
| OFLO | _____ | LLAMUBER | _____ |
| BTFFURTYLE | _____ | LNAPT | _____ |
| ARSSG | _____ | UBNYN | _____ |
| TPAEILRLACR | _____ | UORPTS | _____ |
| ERTDYAHA | _____ | ATNREU | _____ |
| ADRGNE | _____ | PALRI | _____ |
| ANIR | _____ | OEKT | _____ |
| LAGUH | _____ | OLFERW | _____ |
| LUIPT | _____ | SEBLAABL | _____ |
| RENGE | _____ | NSPRGI | _____ |
| RECYCEL | _____ | OLMBO | _____ |
| RTSEAE | _____ | NIOBR | _____ |

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MEDIA 4/16